

Hello Parents,

Thank you for helping to make Titan Sound Band the greatest band ever!!!!

In order for our kids to continue to be great, they must have the right tools. NUTRITION is a huge part of how well they do. We at Titan Sound believe that our kids should never perform or practice hungry. Therefore, over the years we have provided breakfast and snacks on competition days. Many parents donate the items needed to provide these meals. We are asking for any donations you can afford. Everything that is donated goes to the kids; and trust me..... THEY REALLY APPRECIATE IT....

Below is a list of items that we are asking to be donated for the upcoming competitions:

WATERthere is always a need for bottled water, this can be donated at any time.

CEREALin an effort to keep our kids from eating too much sugar, we ask that only healthy cereals be donated. *Some examples are attached.*

INSTANT OATMEALLow sugar please. *Some examples are attached.*

BAGELSwe will need these the Friday evening, or Saturday morning before the competition.

MILKwe will need these the Friday evening, or Saturday morning before the competition (we have a fridge).

ORANGE JUICEwe will need these the Friday evening, or Saturday morning before the competition (we have a fridge).

YOGURTplain individual ones are best. Please look at the sugar content; Greek yogurt has more protein. *Some examples are attached.*

ROLLSwe will need these the Friday evening, or Saturday morning before the competition

FRUIT CUPSonly the ones in Juice not syrup. *Some examples are attached.*

TRAIL MIXindividually wrapped. Many of our kids have nut allergies.

BUTTER

CREAM CHEESE

DRIED FRUIT

GRANOLA

Paper and plastic goods**bowls, plates, cups, spoons, forks, knives, napkins, sandwich bags.**

***** We will try our best to accommodate everyone. However, due to some kids being allergic to certain foods we will **NOT** be preparing/cooking the food our selves. This is why it is important to have as much items pre-packaged/individually wrapped as possible*****